

	Calories	Total Fat (gms)	Saturated Fat (gms)	Cholesterol (mgms)	Sodium (mgms)	Carbohydrates (gms)	Sugars (gms)	Protein (gms)
<b>Small Regular Pizza Slices</b> (1 serving = 1 slice = 1/6 pizza)								
Cheese Only	168	6	3	16	138	19	1	7
Pepperoni	190	8	4	20	216	19	1	7
Sausage	205	9	4	22	246	19	1	8
5 Cheese	193	7	4	22	268	19	1	9
Better-Terranean	216	9	4	24	445	20	1	9
Buffalo Chicken	193	7	3	23	440	20	1	9
Cheeseburger	242	11	5	30	381	21	1	10
Chicken Fajita	187	6	3	23	266	21	2	9
Chicken Ranch	263	13	6	42	407	20	1	11
Cordon Bleu Small	214	9	4	28	337	20	2	10
Deanos Bbq Chkn	244	9	4	35	489	24	6	12
Garden Special	181	6	3	16	201	20	1	7
Garden Supreme	195	8	3	16	367	21	1	7
Gourmet House	214	9	4	23	350	20	1	9
Gourmet Meat	297	16	7	45	601	20	1	13
Gourmet Wings	201	7	3	24	287	21	2	9
Greek'S Special	249	12	5	33	442	20	1	10
Hawaiian	227	9	4	28	393	23	4	10
Rafael'S Bbq Chkn	228	9	4	32	372	22	4	11
Roma	223	10	6	30	266	20	1	8
Spicy Bacon Meatball	317	19	10	54	449	19	1	11
Spinach Delux	170	6	3	16	141	19	1	7
The Big Mark	220	10	4	21	291	20	1	8
Western	243	11	5	33	449	22	3	11
<b>Small Thin Pizza Slices</b> (1 serving = 1 slice = 1/6 pizza)								
Cheese Only	140	5	3	16	138	14	1	6
Pepperoni	161	5	3	16	138	14	1	6
Sausage	177	5	3	16	138	14	1	6
5 Cheese	164	7	3	22	267	14	1	8
Better-Terranean	187	9	4	24	445	15	1	8
Buffalo Chicken	165	7	3	23	440	15	1	8
Cheeseburger	213	11	5	30	381	15	1	9
Chicken Fajita	158	6	3	23	265	15	2	8
Chicken Ranch	235	13	6	42	407	15	1	10
Cordon Bleu Small	186	8	3	28	337	15	2	9
Deanos Bbq Chkn	215	9	4	35	489	19	6	11
Garden Special	152	6	3	16	201	15	1	6
Garden Supreme	167	7	3	16	366	16	1	6
Gourmet House	186	9	4	23	350	15	1	8

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	Calories	Total Fat (gms)	Saturated Fat (gms)	Cholesterol (mgms)	Sodium (mgms)	Carbohydrates (gms)	Sugars (gms)	Protein (gms)
<b>Small Thin Pizza Slices</b> (1 serving = 1 slice = 1/6 pizza) (continued)								
Gourmet Meat	269	16	7	45	600	15	1	12
Gourmet Wings	172	7	3	24	287	16	2	8
Greek'S Special	221	12	5	33	442	15	1	9
Hawaiian	198	8	4	28	393	17	4	9
Rafael'S Bbq Chkn	199	8	4	32	372	17	3	10
Roma	194	10	6	30	266	15	1	7
Spicy Bacon Meatball	289	19	10	54	449	14	1	10
Spinach Delux	141	5	3	16	141	14	1	6
The Big Mark	191	10	4	21	291	15	1	7
Western	215	10	5	33	449	16	3	10
<b>10" Gluten Free Pizza Slices</b> (1 serving = 1 slice = 1/8 pizza)								
Cheese Only	91	5	3	16	157	4	1	3
Pepperoni	126	8	4	23	279	4	1	5
Sausage	132	9	4	23	275	4	1	5
5 Cheese	125	7	3	24	327	4	1	6
Better-Terranean	161	10	5	28	575	5	1	7
Buffalo Chicken	127	7	3	26	597	5	2	7
Cheeseburger	193	12	5	35	492	6	1	8
Chicken Fajita	116	5	3	25	318	6	2	7
Chicken Ranch	223	16	8	53	519	5	2	10
Cordon Bleu Small	156	9	4	32	423	5	2	8
Deanos Bbq Chkn	192	9	4	41	622	12	8	11
Garden Special	108	6	3	16	235	5	1	4
Garden Supreme	126	7	3	16	454	6	2	4
Gourmet House	154	9	4	26	436	6	1	7
Gourmet Meat	269	20	8	56	786	5	1	12
Gourmet Wings	139	7	3	27	380	6	3	7
Greek'S Special	194	13	6	37	520	5	2	8
Hawaiian	166	9	4	32	490	8	5	7
Rafael'S Bbq Chkn	170	9	4	36	467	8	5	9
Roma	169	12	7	36	325	5	2	5
Spicy Bacon Meatball	306	25	13	72	594	4	1	10
Spinach Delux	94	5	3	16	161	4	1	4
The Big Mark	169	12	4	23	386	6	2	6
Western	197	12	5	40	589	8	5	9

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	Calories	Total Fat (gms)	Saturated Fat (gms)	Cholesterol (mgms)	Sodium (mgms)	Carbohydrates (gms)	Sugars (gms)	Protein (gms)
<b>Medium Regular Pizza Slices</b> (1 serving = 1 slice = 1/8 pizza)								
Cheese Only	214	7	4	20	181	23	1	8
Pepperoni	255	11	5	29	327	23	1	10
Sausage	214	7	4	20	181	23	1	8
5 Cheese	248	10	5	29	351	24	1	11
Better-Terranean	295	14	6	35	640	25	1	12
Buffalo Chicken	254	10	4	31	704	25	2	12
Cheeseburger	318	15	6	39	529	26	2	13
Chicken Fajita	239	8	4	30	341	26	2	12
Chicken Ranch	350	19	9	57	558	25	2	14
Cordon Bleu Small	279	12	5	37	447	25	2	13
Deanos Bbq Chkn	318	11	5	45	660	32	9	15
Garden Special	231	8	4	20	258	25	2	8
Garden Supreme	249	10	4	20	478	26	2	9
Gourmet House	277	12	5	31	459	25	2	11
Gourmet Meat	392	22	9	60	810	25	2	17
Gourmet Wings	262	10	4	32	403	26	3	12
Greek'S Special	325	17	7	44	591	25	2	13
Hawaiian	286	11	5	36	491	28	5	12
Rafael'S Bbq Chkn	300	11	5	41	519	30	7	14
Roma	293	14	8	40	350	25	2	10
Spicy Bacon Meatball	442	28	15	80	629	24	1	14
Spinach Delux	218	7	4	20	186	24	1	8
The Big Mark	292	14	5	28	409	26	2	10
Western	335	16	7	46	666	28	6	14
<b>Medium Thin Pizza Slices</b> (1 serving = 1 slice = 1/8 pizza)								
Cheese Only	169	7	4	20	180	15	1	7
Pepperoni	210	11	5	29	326	15	1	8
Sausage	218	11	5	29	322	16	1	8
5 Cheese	248	10	5	29	351	24	1	11
Better-Terranean	295	14	6	35	640	25	1	12
Buffalo Chicken	254	10	4	31	704	25	2	12
Cheeseburger	318	15	6	39	529	26	2	13
Chicken Fajita	239	8	4	30	341	26	2	12
Chicken Ranch	350	19	9	57	558	25	2	14
Cordon Bleu Small	279	12	5	37	447	25	2	13
Deanos Bbq Chkn	318	11	5	45	660	32	9	15
Garden Special	231	8	4	20	258	25	2	8
Garden Supreme	249	10	4	20	478	26	2	9
Gourmet House	277	12	5	31	459	25	2	11

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	Calories	Total Fat (gms)	Saturated Fat (gms)	Cholesterol (mgms)	Sodium (mgms)	Carbohydrates (gms)	Sugars (gms)	Protein (gms)
<b>Medium Thin Pizza Slices</b> (1 serving = 1 slice = 1/8 pizza) (continued)								
Gourmet Meat	392	22	9	60	810	25	2	17
Gourmet Wings	262	10	4	32	403	26	3	12
Greek'S Special	325	17	7	44	591	25	2	13
Hawaiian	286	11	5	36	491	28	5	12
Rafael'S Bbq Chkn	300	11	5	41	519	30	7	14
Roma	293	14	8	40	350	25	2	10
Spicy Bacon Meatball	442	28	15	80	629	24	1	14
Spinach Delux	218	7	4	20	186	24	1	8
The Big Mark	292	14	5	28	409	26	2	10
Western	335	16	7	46	666	28	6	14
<b>Extra Large Regular Pizza Slices</b> (1 serving = 1 slice = 1/12 pizza)								
Cheese Only	275	10	5	29	264	28	2	11
Pepperoni	316	14	7	38	410	28	2	12
Sausage	326	15	7	38	412	28	2	13
5 Cheese	317	13	6	39	475	29	2	15
Better-Terranean	356	16	8	44	744	30	2	15
Buffalo Chicken	315	12	6	40	811	29	2	15
Cheeseburger	386	18	8	50	628	31	2	16
Chicken Fajita	300	10	5	38	427	30	3	14
Chicken Ranch	408	21	10	65	633	29	2	17
Cordon Bleu Small	353	16	6	47	566	30	3	16
Deanos Bbq Chkn	385	15	7	57	773	36	9	19
Garden Special	294	11	5	29	347	30	2	11
Garden Supreme	305	12	6	29	539	31	2	12
Gourmet House	343	15	7	40	571	30	2	15
Gourmet Meat	449	24	10	68	877	29	2	19
Gourmet Wings	330	13	6	41	506	31	4	14
Greek'S Special	378	18	8	51	645	30	2	16
Hawaiian	348	13	6	44	615	33	6	15
Rafael'S Bbq Chkn	355	13	6	48	579	34	7	17
Roma	357	17	10	50	456	30	2	13
Spicy Bacon Meatball	487	29	15	84	691	29	2	17
Spinach Delux	278	10	5	29	268	29	2	11
The Big Mark	358	17	7	37	536	31	3	13
Western	393	18	8	55	756	33	6	17

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	Calories	Total Fat (gms)	Saturated Fat (gms)	Cholesterol (mgms)	Sodium (mgms)	Carbohydrates (gms)	Sugars (gms)	Protein (gms)
<b>Extra Large Thin Pizza Slices (1 serving = 1 slice = 1/12 pizza)</b>								
<b>Cheese Only</b>	215	9	5	29	263	17	1	9
<b>Pepperoni</b>	256	13	7	38	410	17	1	10
<b>Sausage</b>	266	14	7	38	412	18	1	11
<b>5 Cheese</b>	317	13	6	39	475	29	2	15
<b>Better-Terranean</b>	356	16	8	44	744	30	2	15
<b>Buffalo Chicken</b>	315	12	6	40	811	29	2	15
<b>Cheeseburger</b>	386	18	8	50	628	31	2	16
<b>Chicken Fajita</b>	300	10	5	38	427	30	3	14
<b>Chicken Ranch</b>	408	21	10	65	633	29	2	17
<b>Cordon Bleu Small</b>	353	16	6	47	566	30	3	16
<b>Deanos Bbq Chkn</b>	385	15	7	57	773	36	9	19
<b>Garden Special</b>	294	11	5	29	347	30	2	11
<b>Garden Supreme</b>	305	12	6	29	539	31	2	12
<b>Gourmet House</b>	343	15	7	40	571	30	2	15
<b>Gourmet Meat</b>	449	24	10	68	877	29	2	19
<b>Gourmet Wings</b>	330	13	6	41	506	31	4	14
<b>Greek'S Special</b>	378	18	8	51	645	30	2	16
<b>Hawaiian</b>	348	13	6	44	615	33	6	15
<b>Rafael'S Bbq Chkn</b>	355	13	6	48	579	34	7	17
<b>Roma</b>	357	17	10	50	456	30	2	13
<b>Spicy Bacon Meatball</b>	487	29	15	84	691	29	2	17
<b>Spinach Delux</b>	278	10	5	29	268	29	2	11
<b>The Big Mark</b>	358	17	7	37	536	31	3	13
<b>Western</b>	393	18	8	55	756	33	6	17
<b>Pizza Shells (1 serving = 1/4 shell)</b>								
<b>Cheese Only</b>	294	11	5	24	417	32	2	10
<b>Pepperoni</b>	319	13	6	29	504	32	2	11
<b>Sausage</b>	336	15	6	31	538	33	2	12
<b>Chicken Bacon Club</b>	396	18	6	48	819	35	3	18
<b>Chicken BBQ</b>	339	11	5	35	728	38	6	15
<b>Chicken Marinara</b>	300	12	5	35	570	33	2	15
<b>Chicken Parmesan</b>	341	14	5	39	629	36	2	16
<b>Cordon Bleu</b>	356	16	6	45	751	33	2	17
<b>Ham N Cheese</b>	319	12	5	36	668	33	2	14
<b>Italian Herb</b>	402	21	7	41	812	34	3	14
<b>Italian Sausage</b>	372	18	7	38	643	33	2	13
<b>Meatball</b>	339	16	6	35	605	34	2	14
<b>Nature's Delight</b>	306	12	5	24	467	34	2	11
<b>Pepp N Sausage</b>	372	18	7	38	652	33	2	13

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<b>Pizza Shells</b> (1 serving = 1/4 shell) (continued)								
Pepperoni	316	13	6	28	495	32	2	11
Pizza	338	14	6	38	691	33	2	14
Stromboli	361	17	7	35	603	34	2	13
Submarine	334	14	6	37	667	33	2	14
Texas BBQ	359	17	7	35	683	39	8	12
The Cindy	330	13	5	30	523	41	2	12
Vegan Meatball	301	12	4	4	529	39	2	9
<b>Sandwiches</b> (1 serving = 1/2 sandwich)								
Chicken Bacon Club	509	26	10	90	1395	31	5	26
Chicken Bbq	395	13	7	64	1213	38	11	20
Chicken Marinara	317	14	7	64	897	28	4	20
Chicken Parmesan	399	19	7	71	1014	34	3	24
Cordon Bleu	428	22	9	84	1258	28	4	25
Ham N Cheese	354	14	8	65	1092	27	3	19
Italian Herb	521	32	11	75	1381	30	5	20
Italian Sausage	461	26	12	69	1044	28	2	17
Meatball	395	23	10	63	966	30	3	18
Nature'S Delight	329	13	7	40	690	29	3	12
Pepp N Sausage	461	26	12	70	1060	27	2	17
Pepperoni	349	16	8	50	746	26	2	13
Pizza	393	18	9	69	1139	28	4	19
Stromboli	439	24	11	64	963	29	3	16
Submarine	385	17	9	67	1091	27	3	18
Texas Bbq	436	24	11	64	1124	39	14	15
The Cindy	377	16	8	54	802	43	3	15
Vegan Meatball	319	13	5	1	815	40	3	9
<b>Stix</b> (1 serving = 1 stix)								
Classic Stix	78	2	1	2	6	13	0	3
Cinna Twists	108	2	1	2	6	20	6	3
Herb Parmesan Stix	78	2	1	2	6	13	0	3
Mini Stix	82	2	1	3	9	13	0	3
Pasta Stix	82	2	1	3	9	13	0	3
Pretzel Stix	77	1	0	2	160	13	0	3
Spicy Greek Stix	78	2	1	2	6	13	0	3
Sweet Hot Stix	78	2	1	2	6	13	0	3
Wing Spice Stix	78	2	1	2	6	13	0	3

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	Calories	Total Fat (gms)	Saturated Fat (gms)	Cholesterol (mgms)	Sodium (mgms)	Carbohydrates (gms)	Sugars (gms)	Protein (gms)
<b>Breads (1 serving = 1/2 bun)</b>								
Bacon Bread	354	20	8	60	927	26	3	16
Bruchetta	254	11	6	34	579	27	4	10
Cheese Bread	248	11	6	34	577	26	3	10
Feta Bread	263	12	6	38	671	26	3	11
Five Cheese Bread	291	14	6	45	777	27	3	14
Pepperoni Bread	318	18	8	49	830	26	3	13
<b>Salads (1 serving = 1 salad)</b>								
Antipasto	543	42	14	80	1386	19	6	20
Buffalo Chicken	510	28	6	79	2106	36	7	32
Chicken Ceasar	521	33	5	100	1842	25	8	35
Greek	338	24	4	15	1363	21	7	8
Grilled Chicken	521	33	5	100	1842	25	8	35
Spinach Bacon	677	46	10	58	1611	47	15	22
The Red Head	685	42	11	70	1622	49	17	31
Tossed	286	18	10	66	603	15	6	18
<b>Wings (1 serving = 1 wing or 1 ounce boneless)</b>								
6 Wings BBQ	80	5	1	19	180	2	1	6
6 Wings Herb Parmesan	95	8	3	25	154	1	0	6
6 Wings Honey Mustard	94	7	2	21	146	2	1	6
6 Wings Plain	73	5	1	19	121	1	0	6
6 Wings Spicy	73	5	1	19	301	1	0	6
6 Wings SW Chili	86	5	1	19	184	4	3	6
6 Wings Teriyaki	83	6	1	19	265	3	1	6
Boneless BBQ	68	2	0	15	218	6	1	6
Boneless Herb Parmesan	79	4	1	19	198	5	0	6
Boneless Honey Mustard	78	4	1	16	192	5	1	6
Boneless Hot Honey	71	2	0	15	198	6	2	6
Boneless Plain	63	2	0	15	173	4	0	6
Boneless Spicy	63	2	0	15	308	4	0	6
Boneless SW Chili	72	2	0	15	220	7	2	6
Boneless Teriyaki	70	2	0	15	281	6	1	6
<b>Pasta (1 serving)</b>								
Alfredo	1020	58	29	204	2123	95	2	35
BYO Alfredo	836	33	13	106	1687	103	15	32
BYO Marinara	836	33	13	106	1687	103	15	32
BYO Natura	836	33	13	106	1687	103	15	32

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	Calories	Total Fat (gms)	Saturated Fat (gms)	Cholesterol (mgms)	Sodium (mgms)	Carbohydrates (gms)	Sugars (gms)	Protein (gms)
<b>Pasta (1 serving) (continued)</b>								
BYO White	836	33	13	106	1687	103	15	32
Chicken Mushroom	966	35	13	165	2353	110	19	54
Chicken Parmesan	903	34	13	140	2067	106	17	44
Deluxe	1195	59	21	193	2889	111	17	56
Herb Veggies	752	28	13	106	1040	95	6	32
Marinara	836	33	13	106	1687	103	15	32
Meatball	1086	52	19	151	2358	110	16	45
Tortellini	1107	45	16	195	2196	139	20	44
<b>Sides and Dressings (1 serving = 2 ounce cup)</b>								
Balsamic Dressing	170	15	2	0	302	6	2	0
Blue Cheese Dressing	324	34	6	30	607	4	2	2
Cesar Dressing	254	25	5	20	704	4	2	2
Cracker Pack	131	5	1	0	218	20	2	2
Garlic Butter	311	33	21	91	273	0	0	0
Icing Packet	221	0	0	0	0	49	49	0
Nacho Cheese	90	7	2	9	423	4	0	2
Open Pit BBQ Sauce	81	0	0	0	713	18	15	0
Parmesan Peppercorn Dressing	293	31	6	20	489	4	4	2
Parmesan Romano Cheese	227	17	0	57	850	6	0	23
Pasta Suace	41	2	0	0	217	5	5	1
Pickle	6	0	0	0	684	1	1	0
Pizza Sauce	111	0	0	0	135	6	4	1
Ranch Dressing	132	13	2	9	510	4	2	2
Red Pepper Packet	0	0	0	0	0	0	0	0

Contact your local store for nutritional information on location-specific products. Substitution of ingredient/standard topping combinations may alter nutritional values. Menu items and hours of availability may vary at participating locations. Although this data is based on standard portion product guidelines, variations can be expected due to seasonal influences, minor differences in product assembly per restaurant and other factors. Product data is based on current formulations as of date of publication. Nutritional data is based on standard portion product guidelines and formulations as of date of publication. If you have any questions about Greek's Pizzeria and nutrition or are particularly sensitive to specific ingredients or goods, please contact Greek's Pizzeria at <https://www.greekspizzeria.com/static/contact>.